

THE SHLENKER SCHOOL PRESENTS

CAMP SHLENKER 2019

JUNE 3 - JULY 12, 2019



THE SHLENKER SCHOOL
5600 NORTH BRAESWOOD BOULEVARD
HOUSTON, TEXAS 77096 • 713.270.6127
WWW.SHLENKER.ORG



The Shlenker School is pleased to offer a wide range of summer camp options for your child(ren). Our camps seek to meet a wide range of interests, abilities, and ages in a safe, child-friendly environment..

Questions? Please contact Adrienne Fox at
281.220.8611 or afox@shlenker.org



The Shlenker School
Congregation Beth Israel

YOGA AND MINDFULNESS

Grades: K-5
Dates: June 17-21
Times: 9:00am - 12:00pm
Cost: \$235

Yoga for kids is a fun and purposeful activity where children are able to develop flexibility, focus, and coordination for a happy, healthy, and balanced life. Yoga provides many physical and emotional health benefits, and children have a blast putting together different sequences, learning breathing techniques, playing games, dancing, and creating their own yoga adventures! In addition to poses that focus on stretching and strengthening, children also learn challenging balancing poses, head-stands, partner poses, and stunts. Kids' yoga helps to increase confidence, build concentration, develop self-awareness, and manage stress.

Mindfulness means paying attention to what is happening right now with kindness, curiosity, and appreciation. In this class, we will develop the students' abilities to be mindful through meditation, breath-work, awareness activities, and thoughtful reflection. Activities will be structured around how to handle worries, the power of positive thinking, showing love and kindness to others, as well as appreciating yourself. Students will learn strategies for refocusing in class, communicating better with friends, developing empathy, practicing gratitude, and quieting the mind. This class should help your children feel peaceful, share feelings, and improve self-esteem.

Julie Roznovsky has a Masters of Education and was an elementary school teacher for 8 years. She has completed her 200 hour yoga teacher training through "Shades of Yoga", and holds 3 different Kids' yoga certifications.

Instructor: Julie Roznovsky



MAD SCIENCE

Ages:	6-11
Dates:	Week 1 - June 10-14 Week 2 - June 24-28
Times:	Full Day 9:00am - 3:00pm Half Day 9:00am - 12:00pm
Cost:	Full Day \$310 Half Day \$190



WEEK 1: JUNE 10 - 14

ADVENTURES IN THE WILD (9:00am – 12:00pm)

Nature is calling! Can you hear it? In this camp, children will go on a nature scavenger hunt, learn about the animal kingdom and discover how they can help protect our beautiful Earth! We will make paper, learn about recycling, dissect owl pellets and create the best ecosystem with all the information we will learn about our planet. Join us as we take a walk on the wild side and through science. Learn to appreciate the world around us!

SECRET AGENT LAB (12:00pm – 3:00pm)

Look out, 007! The Mad Science Spy Academy is in session! Using powers of Observations and the Inspect Kit, our young forensic scientists will have all they need to get started on their detective adventure. Become a super Spy and learn clever ways of performing tasks in this hands-on view at the science that spies use. From decoding messages to metal detectors and night vision, campers will have the opportunity to check out the spy equipment and step in to the shoes of a spy in action!

WEEK 2: June 24 - 28

CRAZY CHEMWORKS (9:00am – 12:00pm)

Shake up a flask of fun in the lab as a junior chemist! These five half-days of chemistry are packed solid with cool reactions. Campers put on some goggles and change liquid to solid and back again. They get to handle laboratory tools, build and break molecules, and pick up some tricks on chemical changes.

continued...

NASA: JOURNEY INTO OUTER SPACE (12:00pm – 3:00pm)

From our Earth's atmosphere to the outer reaches of our solar system, this hands-on program sends children on a quest for exploration! Comets, planets, stars and more are all waiting to be discovered. Learn about the four forces of flight, the challenges of space travel, and explore the science involved in rocket construction as you build your own Skyblazer II Rocket™! Travel to the end of the rainbow and make a sunset, use your Bead Dipper™ to create a 3-dimensional glow-in-the-dark constellation, see comets up close as one is formed before your eyes, and take home your very own Catch-a-Comet™!

TRUE FIT SUMMER SPORTS

Grades: K-5

Dates: Week 1 - June 3-7

Week 2 - June 10-14

Register for one or both weeks!

Times: Half Day 9:00am - 12:00pm or 12:00pm - 3:00pm

Full Day 9:00am - 3:00pm

Cost: Half Day \$150

Full Day \$295

Led by Coach Kevin, NSCAA certified CFBS Varsity Soccer Coach and former academy club coach, and Coach Deanna Napier, Shlenker P.E. Specialist, this camp will incorporate kickball, basketball, volleyball, soccer, scooters, and fun games galore! Campers will concentrate on team work and peak performance.

Instructor: Coach Kevin and Deanna Napier



CREATIVE CHEFS

Grades: K-5
Dates: Week 1 - June 3-7
Week 2 - June 10-14
Times: 12:00pm - 3:00pm
Cost: \$235



Register for one or both weeks - different recipes!

Cooking is fun, creative, and full of discovery. Creative Chefs, taught in our kitchen at The Shlenker School, is a great opportunity to engage your child in the culinary arts. Campers will create healthy and delicious food each day, and there will be prizes and games. Your child might get a little messy, so please dress in an old t-shirt! Kelly Roberts has been cooking and baking with kids for over 13 years and loves to create fun and kid-friendly treats and snacks. Her goal is to get kids excited about cooking and making healthy choices when eating.

Instructor: Kelly Roberts

NEXPLORE - THE ILLUSIONISTS: MY FIRST MAGIC CAMP

Grades: K-4
Dates: June 17-21
Times: 9:00am - 12:00pm
Cost: \$230 (includes supply fee for Magic Kit)



Welcome to the world of Magic where every child is a star! In this unique summer camp, students build self-confidence, performance skills, and theatrical charm to wow their audience with tricks from their very own magic kits! New to the world of magic? This is the perfect place to start! This course offers an experienced instructor, a step-by-step guidebook, and access to tutorial videos so children can continue their practice at home. Plus, all our stars will have a chance to shine by performing their new skills for family and friends in an end-of-session magic show!

To learn more please visit us at www.nexploreusa.com

NEXPLORE - MIND & BODY

Grades: K-4
Dates: June 3-7
Times: 9:00am - 12:00pm
Cost: \$200



This camp offers a holistic approach to learning that leaves all participants empowered in mind and body with two daily segments:

Games – Students play internationally-acclaimed mind games, learn meta-cognitive strategies and apply 21st century thinking skills. Through Nexlore Games' unique methodology, participants learn how to think, rather than what to think.

Zumba – In this high-energy fitness experience, participants learn new dance moves, build cultural awareness, enhance community and have a blast with all of the movement activities!

To learn more please visit us at www.nexploreusa.com

IDEA LAB - LEGO STOMP AND CHOMP

Grades: K-5
Dates: June 17-21
Times: 12:00pm - 3:00pm
Cost: \$200



IDEA Lab Robotics provides fun, hands-on projects to get your child's creative juices flowing. Working with a Robotics teacher, campers will participate in team challenges and learn how to build robots using various LEGO programming tools- all while making friends, developing new skills and having a great time with STEAM.

ART WITH MRS. COHN

Grades: K-5
Dates: June 3-7
Times: 9:00am - 12:00pm
Cost: \$295

The Shlenker School's Art Teacher, Leah Cohn, will have classes full of fun, color, getting messy, painting, design, drawing, self-expression, and crafts. Campers will also learn about famous artists and various techniques they used.

Instructor: Leah Cohn



MAIN STREET THEATER

Ages: 4-14
Dates: June 10 - July 12
Times: 9:00am - 3:30pm
To Register: Visit <http://www.mainstreettheater.com/ed/summer.html>

This summer camp is a performing arts playground where professional theater artists serve as mentors. With an emphasis on creativity and collaboration, they provide hands-on opportunities for students to make an original contribution in all aspects of play production.

Main
Street
Theater

CAMP SHLENKER REGISTRATION FORM

Please complete a separate registration for each child - additional registration forms can be found at <http://bit.ly/2019campshlenker>, Ms. Toby's desk or at the Shlenker Coffee Bar.

Student Name _____

Grade (2019-20 school year) _____

Date of Birth _____

Parent's Name _____

Address _____

City _____ State _____ Zip _____

Home Phone _____ Cell Phone _____

Email _____

Please choose the class(es) for which you would like to register your child for on the back of this form.

To assure your child's place for camp, please return this form by **Friday, April 12, 2019.**

PAYMENT MUST BE MADE WITH REGISTRATION.

Make checks payable to The Shlenker School and mail or drop off at the front desk.

Questions? Please contact Adrienne Fox at 281.220.8611 or afox@shlenker.org

Please register my child for the following summer camp(s):

Class Name	<input checked="" type="checkbox"/>
June 3-7	
Creative Chefs (12:00pm - 3:00pm) \$235	
True Fit Summer Sports Half Day (9:00am - 12:00pm) \$150	
True Fit Summer Sports Half Day (12:00pm - 3:00pm) \$150	
True Fit Summer Sports Full Day (9:00am - 3:00pm) \$295	
Nexplore - Mind & Body (9:00am - 12:00pm) \$200	
Art with Mrs. Cohn (9:00am - 12:00pm) \$295	
June 10-14	
Creative Chefs (12:00pm - 3:00pm) \$235	
Mad Science Half Day (9:00am - 12:00pm) \$190	
Mad Science Full Day (9:00am - 3:00pm) \$310	
True Fit Summer Sports Half Day (9:00am - 12:00pm) \$150	
True Fit Summer Sports Half Day (12:00pm - 3:00pm) \$150	
True Fit Summer Sports Full Day (9:00am - 3:00pm) \$295	
June 17-21	
Yoga and Mindfulness (9:00am - 12:00pm) \$235	
Nexplore - The Illusionists: My First Magic Camp (9:00am - 12:00pm) \$230	
Idea Lab - Lego Stomp and Chomp (12:00pm - 3:00pm) \$200	
June 24-28	
Mad Science Half Day (9:00am - 12:00pm) \$190	
Mad Science Full Day (9:00am - 3:00pm) \$310	
June 10 - July 12	
Main Street Theater	
Register on-line at http://www.mainstreettheater.com/ed/summer.html	

Amount paid \$ _____



